



Hope for every journey

WRITE TO HEAL

Program underwritten by Stephen and Jane Hochberg

A FREE ONLINE WRITING WORKSHOP based on (but not limited by) the life-changing diagnosis of cancer

This workshop for cancer patients and survivors offers "expressive writing" as a way of healing. While writing may not cure, it can heal, according to scientific studies. Writing and sharing our stories with others on parallel paths will be our avenue to reclaim our voices and our lives. Everyone is welcome: if you have never written, or if you have always written.

**5 WEDNESDAYS 2026 (ON ZOOM):
January 7, 14, 21, 28, February 4**

3:00 P.M. - 5:00 PM Mountain Time

**REGISTRATION IS REQUIRED.
THIS WORKSHOP FILLS QUICKLY. RESERVE EARLY!**

TO REGISTER: joanne@joannebrown.com

Joanne Fay Brown, MSW, has led Amherst Writers & Artists workshops in Berkeley, Oaxaca, Mexico, Santa Fe, Los Alamos, and Ghost Ranch, New Mexico. She is a writer, cancer survivor, and a Master in Social Work.



JOANNE FAY BROWN
Writing Guide

